

INSTRUCTIONS FOR LIFE

(These gems were sent to me by Samiro Magane from Mozambique, but I don't know where they might have come from originally.)

- ❑ Give people more than they expect, and do it cheerfully.
- ❑ Memorise your favourite poem.
- ❑ Don't believe all you hear, spend all you have, or sleep all you want.
- ❑ When you say, "I'm sorry", look the person in the eye.
- ❑ Be engaged at least six months before you get married.
- ❑ Never laugh at anyone's dreams.
- ❑ Love deeply and passionately. You might get hurt but it's the only way to live life completely.
- ❑ In disagreements, fight fairly. No name-calling.
- ❑ Don't judge people by their relatives.
- ❑ Talk slowly, but think quickly.
- ❑ When someone asks you a question you don't want to answer, smile and ask, "Why do you want to know?"
- ❑ Remember that great love and great achievements involve great risk.
- ❑ Call your mother.
- ❑ Say, "bless you" when you hear someone sneeze.
- ❑ When you lose, don't lose the lesson.
- ❑ Remember the three R's: Respect for self; Respect for others; Responsibility for all your actions.
- ❑ Don't let a little dispute injure a great friendship.
- ❑ When you realise you've made a mistake; take immediate steps to correct it.
- ❑ Smile when picking up the phone. The caller will hear it in your voice.
- ❑ Marry a man/woman you love to talk to. As you get older, their conversational skills will be as important as any other.
- ❑ Spend some time alone.

- ❑ Open your arms to change, but don't let go of your values.
- ❑ Remember that silence is sometimes the best answer.
- ❑ Trust in God but lock your car.
- ❑ A loving atmosphere in your home is so important. Do all you can to create a tranquil harmonious home.
- ❑ In disagreements with loved ones, deal with the current situation. Don't bring up the past.
- ❑ Read between the lines.
- ❑ Share your knowledge. It's a way to achieve immortality.
- ❑ Be gentle with the earth.
- ❑ Pray. There's immeasurable power in it.
- ❑ Never interrupt when you are being flattered.
- ❑ Mind your own business.
- ❑ Once a year, go someplace you've never been before.
- ❑ If you make a lot of money, put it to use helping others while you are living. That is wealth's greatest satisfaction.
- ❑ Remember that not getting what you want is sometimes a stroke of luck.
- ❑ Learn the rules, then break some.
- ❑ Remember that the best relationship is one where your love for each other is greater than your need for each other.
- ❑ Judge your success by what you had to give up in order to get it.
- ❑ Remember that your character is your destiny.
- ❑ Approach love and cooking with reckless abandon.